

# Saint Francis Xavier Parish

331 Plaunt Street South | P.O. Box 396, Renfrew, Ontario K7V 4A6

Tel: 613-432-5825

Fax: 613- 432-6663

Email: sfx.parish@on.aibn.com

Website: www.sfxrenfrew.wordpress.com



## PASTOR

Fr. Kerry Brennan  
sfxpastor@bellnet.ca

## PAROCHIAL VICAR

Fr. Michael Coyne  
mfcoyne73@gmail.com

## PARISH SECRETARY

Martha Scott  
martha.sfx@on.aibn.com

## DEACON

Don Smith

## PARISH COUNCIL CHAIR

Nancy Connors

## IN RESIDENCE

Rev. Bill Kenney  
frbkenney@gmail.com

## FINANCE COUNCIL CHAIR

Steve Dregas

## OFFICE HOURS

Mon to Thurs  
9:00 a.m. – 4:00 p.m.

## CEMETERY BOARD CHAIR

Mike Coulas

Friday – Closed

## CEMETERY CONTACT

Bob Gervais Ext 3

## C.W.L. PRESIDENT

Shirley-Ann Holley

## K OF C GRAND KNIGHT

Robert Kingsbury

**St. Francis Xavier, a welcoming faith community lovingly sharing the gifts of God.**

## SUNDAY EUCHARIST

Saturday 4:30 PM  
Sunday 10:30 AM

## CHILDREN'S LITURGY

Cancelled until further notice

## SACRAMENT OF RECONCILIATION

In the Quiet Room  
Saturday 4:00 PM to 4:15 PM  
Sunday 10:00 AM to 10:15 AM  
First Friday before 8 AM mass  
Or by appointment. Call Fr. Brennan Ext 1  
or Fr. Coyne Ext 4

## COMMUNION TO THE SICK OR SHUT-INS

Contact the parish office to arrange for this Ministry

## SACRAMENT OF MARRIAGE

Please contact Father Brennan at least six months before the proposed celebration as a preparation program is required.

## BAPTISM

Please contact Fr. Brennan regarding upcoming preparation

## ELEMENTARY SCHOOL

St. Thomas the Apostle Catholic School  
41 Bolger Lane 613-432-3137  
<http://stthomas.rccdsb.edu.on.ca>

## HIGH SCHOOL

St. Joseph's Catholic High School  
835 First Street 613-432-5846  
<http://sjchsrenfrew.wordpress.com>

**PRAYERS FOR THE DECEASED**

We pray for our loved ones who have died, especially Genevieve (Janet) McLaughlin, mother of Betty Coulas, Larry Harper, brother of Gord Harper and Larry Wilson, brother of Shirley O'Driscoll.

**PRAYERS FOR THE SICK AND SHUT-IN**

We pray for those who seek God's healing, especially Bernadette Lacourse, Darlene Shields, Annlea O'Rourke, Gail Caillier, Doris Long, Johanna Mathieu, Margarita Kurth, Mary McCann, Betty Sammon, Dick Cobus, Sylvie Lafontaine, Stella Shalla and Georges and Jeannette Blanchette.

**WORD AMONG US:** The Lent edition may be found in the mail box just outside the office door. Payment may be placed in the secure mailbox or in the collection basket duly noted.

**Sunday Offering January 31<sup>st</sup>: \$3,159.00**

**Envelopes: \$2,924.00; Weekly EFT: \$235.00**

**Sunday Offering February 7<sup>th</sup>: \$6,975.34**

**Envelopes - \$3,872.00**

**Monthly EFT - \$2,863.34; Weekly EFT: \$240.00**

**St. Joseph's Catholic High School - "Shrove Tuesday Take-Out Pancake Supper"** on Tues., Feb. 16<sup>th</sup>. **Meals must be pre-ordered by Mon., Feb. 15<sup>th</sup> at 3 p.m.** Includes pancakes, sausages, homemade baked beans. Asking for a "Free-Will Offering" with the proceeds to help support families in need in our community. Meals can be picked up at the school from 4:30 pm to 7:00 pm Delivery available. To order please call 613-432-5846, ext. 230, and leave a message or email [jason.dedo@rccdsb.ca](mailto:jason.dedo@rccdsb.ca). Please leave name, phone number and desired time of pickup.

**FOR REFLECTION DURING LENT:** This youtube link is the Holy Spirit Conference held in St. Augustine Florida which may be of interest to you during the Lent which begins Feb. 17th. **Tom Edwards - Bedrock Truth** — <https://www.youtube.com/watch?v=IEv0vzBOEGk&authuser=0>

**A SUGGESTION FOR A LENTEN RETREAT**

"Journey Into the Wilderness", a retreat offered by the Irish Jesuits – an 8 session audio presentation of 15 minutes each, with time for personal prayer and reflection. Please go to: [pathwaystogod.org/resources/wilderness-lent-retreat](http://pathwaystogod.org/resources/wilderness-lent-retreat).

**DYNAMIC CATHOLIC** also offers daily Reflections. Just Google Dynamic Catholic to find this resource.

**LITURGICAL CELEBRATIONS**

MON. Feb. 15

8:00 am Sandy Massine & Mary Griese  
- A Parishioner

TUES. Feb. 16

8:00 am Rev. Patrick J. Tait - The Dobec Family

WED. Feb. 17 **ASH WEDNESDAY**

8:00 am Special Intentions - A Parishioner

7:00 pm Dave Lorente - Angela McAdam

THURS. Feb. 18

8:00 am Janet McLaughlin - Marcella Cybulski

FRI. Feb. 19

8:00 am Michael Culhane - Marguerite Power

SAT. Feb. 20

4:30 pm Chris Warren - Mom & Family

SUN. Feb. 21

10:30 am Intentions of the Parishioners  
- Fr. Brennan

**LITURGICAL CELEBRATIONS**

MON. Feb. 22

6:30 pm STATIONS OF THE CROSS

7:00 pm Repose of the Soul of Dolly McDonald  
- Daughter, Debra

TUES. Feb. 23

8:00 am Intentions of a Parishioner  
- John & Martha Scott

WED. Feb. 24

8:00 am Jennifer Hardie  
- Ed & Marie Vandersterre

THURS. Feb. 25

8:00 am Lon & Jean Parker - P. & J. Spilchen

FRI. Feb. 26

8:00 am Donna Rousselle - The Carr Family

SAT. Feb. 27

4:30 pm Tom Prince - The Family

SUN. Feb. 28

10:30 am Intentions of the Parishioners  
- Fr. Brennan

**ASH WEDNESDAY- FEBRUARY 17  
MASSES IN OUR AREA:**

8:00 am - St. Francis Xavier, Renfrew

8:30 am - Our Lady of Fatima, Renfrew

10:00 am - Most Precious Blood, Calabogie

6:30 pm - Mt. St. Patrick

7:00 pm - St. Francis Xavier, Renfrew

**LENTEN MISSION:** Ralph Martin of Renewal Ministries is giving a Lenten Mission online in February and March. If you are interested here is the link: Lenten Mission: The Fulfillment of All Desire ([webinarjam.com](http://webinarjam.com))

**Teens— be prepared for Lent:** Order the [Teen Lent Companion](#) by LIFETEEN and use it to develop a daily prayer life that will last you a lifetime. See other great resources for teens at [www.lifeteen.com](http://www.lifeteen.com).

## MASSES AT ST. FRANCIS XAVIER PARISH

**ASH WEDNESDAY** is upon us, marking the beginning of the liturgical season of Lent. The celebration of Easter, of being reborn in the Risen Lord to a new life, will only have meaning to the degree that we 'die to the old self'. Thus, the Church asks us to live this period of Lent, with Christ in the desert, as a period of forty days devoted to inward renewal through prayer, fasting and almsgiving. Let us prayerfully consider before Lent how we might make best use of this time to imitate the Lord in His dedication to the Father so that His resurrection may take deep root in our thoughts, words and actions throughout Lent and forever.

Because Renfrew County has been designated a Green Zone we are once again allowed 30% capacity of our Church for Masses. Therefore we will have **Mass with the Blessing and Distribution of Ashes at 8 a.m. Ash Wednesday and 7 p.m. Ash Wednesday. There will be no Ash Wednesday Liturgies of the Word as was previously announced.** This year because of the pandemic we will be sprinkling Ashes on the head of each person. The priest will say the formula: "Remember you are dust and to dust you shall return" once, and then proceed to sprinkle ashes on each person's head. During Lent we will have Mass at 7 p.m. on Mondays and at 8 a.m. on Tuesday to Friday. Stations of the Cross will be prayed Mondays at 6:30 p.m.

**CONFESSIONS:** During Lent a priest will be available for confession one half hour before the weekday Masses and  $\frac{3}{4}$  hour before weekend Masses.

**ASH WEDNESDAY** and **GOOD FRIDAY** are days of fast (one full meal, and two lighter meals a day with no eating between meals), and abstinence (no eating of meat). The law of abstinence obliges those 14 years of age and older, and the law of fasting obliges all those from ages 18 through 59 years of age. The Church recommends that we observe not only Good Friday, but the other Fridays of Lent as days of abstinence, or that we perform some act of charity as an alternative - **the choice is yours. Lenten penance should be external and social, as well as internal and individual.**

The highest point in the Church's year of prayer is the **EASTER TRIDUUM** of the dying and rising of the Lord Jesus. We prepare for this three-day period by the season of Lent, and prolong it for the great 50 days of the Easter Season. Arrangements for the celebration of the Easter Triduum will be announced closer to the date according to the Provincial Pandemic Protocols.

### **WHAT IF I HAVE BEEN AWAY FROM CONFESSION FOR MORE THAN A YEAR?**

Someone who returns to confession after an extended absence is a source of great joy and celebration: for God and his angels (who know more joy in heaven over one sheep brought back to the fold than for ninety-nine who remained: Lk 15:7); for oneself, for the Church at large – and for the priest privileged to minister God's mercy. Priests do not disclose the content or even that a person went to confession.

Different factors may keep one away: a previous confessor who was more harsh than merciful; a tendency to procrastinate; a lukewarm belief that Jesus really intends confession to be a "house specialty" on the menu of his mercy; and the fear of being "outed" as someone who is unfamiliar with the sacramental ritual. More grave is the fear that if we submit ourselves to the unconditional love of God offered in radical forgiveness, we might want to let God take possession of our will, our heart, mind, and soul.

Some practical steps to participate fully in the sacrament: technology can be a great asset, for one can readily access apps and websites that review how to go to confessions, how to examine one's conscience, and how to make an act of contrition. To prepare and identify real sins we have committed, one could use Scripture such as the Ten Commandments (Ex 20:1-17), the Beatitudes (Mt. 5:1-12), or a comparison of the works of the flesh versus the fruits of the Spirit (Gal 5:16-23)

Even if we have prepared well, we might still draw a blank when meeting the priest face-to-face. Be not afraid! God's grace has already drawn you to the well of mercy, and the priest will happily supply prompts that will dissolve anxiety and allow the Spirit to counsel us and absolve us of all sin, restoring us to full friendship with Jesus.

Father William M. Joensen

AIKENHEAD'S  
**PharmaChoice** *Advice for Life*

Free Delivery  
 Seniors Day 1st Wednesday of each month

**613.432.8866**  
**www.aikenheads.ca**  
 226 Raglan Street South



**Mike Coulas**

Sales Representative  
 mikecoulas@royallepage.ca  
 mikesells4u.ca  
 39 Renfrew Ave. W.



**BUYING OR SELLING? CALL ME. 613-432-0092**

**MCNAB, STEWART & PRINCE**

Barristers and Solicitors  
 Notaries Public

*Thomas J. Prince, B.A., LL.B.*

*David A. Stewart, B.A., LL.B.*

117 Raglan St. S. 613-432-5844



DRIVE-IN

**Celebrating 48 Years in Renfrew**

Fast, Efficient, Clean & Always Friendly Service  
**546 Stewart St.**  
 For Take Out Orders Call **613-432-6623**  
*Find us on facebook*

**RIVER OPTICAL**

*Serving The Valley for 60 Years*



**MELCHER**

HEATING & COOLING  
 Sales • Service • Installation  
 68 Argyle St. N. 613-432-2440  
 melcher@bellnet.ca

Randy Godin  
 Morgan McLaren  
*Opticians*  
 613-432-4488  
 108 Raglan St. S.



Call for free Estimate

lkl-plumbingandheating.com

**613-433-1111**

*Tom Prince Motors Ltd.*

508 Stewart Street North  
 613-432-5337



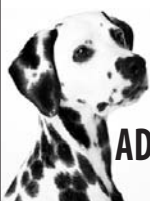
**KNIGHTS OF COLUMBUS  
 RENFREW COUNCIL 1916**  
 (Serving Renfrew & Area)

**MEETINGS:** 2nd Monday of the month at 7:00 PM

**MEMBERSHIP:** Open to Men 18 Yrs. or older who are practicing Catholics in good Standing with the Catholic Church

For more information on joining contact your local Priest or call 613-432-3377

**THE PERFECT**



**SPOT TO ADVERTISE**

TO ADVERTISE IN THIS SPACE  
 PLEASE CALL  
**1-800-268-2637**

**Renfrew Nails & Spa**

*Manis, Pedis, Waxing, Dipping Powder*  
 648 O'Brien Rd  
**613-432-2668**

**Renfrew Psychotherapy**

**Daniel A. Hansen**

Registered Psychotherapist - Jungian Psychoanalyst

613-635-2127 uccdan@sympatico.ca  
 www.renfrewpsychotherapy.ca



**GOULET**  
 FUNERAL HOME LTD.  
*"Making Your Memories Important"*  
 gouletfuneralhome.com  
 613-432-2849

**the FLOWER FACTORY**

177 Raglan St. S.  
 613-432-8300

TheFlowerFactoryRenfrew.com

**Remember...**

Let our advertisers know you saw their ad here.



**C.A. Bruce Insurance Broker Ltd.**  
 Auto • Fire • Liability • Farm  
 Commercial Auto & Fire  
**Cairine Bruce**  
 Insurance Broker  
 273 Raglan St. S. 613-432-2276  
 TF: 1-877-340-8781

**Zohr Family Funeral Home Inc.**



Renfrew - Eganville - Killaloe  
 613-432-3651  
 www.ZohrFuneralHome.com

"5 Generations of Professional Services"



Hardware  
 Automotive  
 Housewares  
 Outdoor  
 Sports & more

1050 O'Brien Rd 613-432-5821

Blinds • Upholstery  
 Home & Marina



973 Gillan Rd.

Hugh Nolan 613-432-2816

**Eat Shop Spend and Enjoy LOCAL**

please support the businesses that support your parish